



↑ To Billingham



← 200m →
≈ 4 mins

Walking speed based on 2 miles per hour at a gentle pace.

Port Clarence Road

Exit to Port Clarence

Wildflower Walk

14% 50m

Allotment Pool

27% 25m

Haverton Hole Pools

Haverton Viewpoint

12% 200m

Wilderness Trail Seasonal

8% 60m

14% 85m

9% 25m

Kestrel Trail

Wildlife Watchpoint

Paddy's Pool Hide

Paddy's Pool

Discovery Zone

Lake Walk

Main Lake

Visitor Hub

← To Port Clarence and Transporter Bridge

Dragonfly Path

Back Saltholme Pool

9% 30m

11% 50m

Phil Stead Hide

Saltholme Pools Hide

7% 30m

Saltholme West Pool

Seaton Carew Road A178

To Greatham Creek and the Teesmouth National Nature Reserve

Reserve boundary



- Car park
- Accessible parking
- Information
- Toilets
- Accessible toilets
- Mobility scooter hire
- Baby changing
- Shop
- Café
- Play area

- Walled garden
- Natural play area
- Pond dipping area
- Picnic area
- Bus stop
- Covered viewpoint
- Viewpoint (showing direction of view)
- Bench
- Power-assisted gate
- Stile

- 5% 10m
Gradient (higher is steeper) and distance
- Permissive path
- Boardwalk
- Road
- Wet grassland
- Wildflower meadow
- Reedbed
- Embankment

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Discover Saltholme



Explore nature and play in our family discovery zone and don't forget to visit the playground.

Wildflower Walk

1.2km (0.7 mile)
25-minute loop walk

Gradient: up to 27%

Steps: 3 down to viewpoint seating



Trail conditions:

The path has a hard level surface. There's a slope up to the viewpoint and three steps down into it where there is bench seating.

Description:

Experience the gentle hum of insects over this beautiful wildflower meadow in summer. At this time of year it is a carpet of flowers including Cowslips, Centaurea Knapweed and Bird's-foot Trefoil and watch for Burnet Moths fluttering between the blooms. In winter, look out for owls and Marsh Harriers.

Good to know

You can also follow this trail for 600m to join the Wilderness Trail. If you're lucky you might catch a glimpse of an elusive Bittern or Otter.



Lake Walk

1.3km (0.8 mile),
25-minute loop walk



Trail conditions:

A mainly flat and wide path with a hard surface.

Description:

Marvel at the vast flocks of ducks and geese that visit Saltholme for the winter. In summer, listen to the cacophony of sound from the Black-headed Gulls and Common Terns nesting on the Main Lake. If you're lucky you might spot a Great Crested Grebe carrying chicks on its back.

Good to know

There are plenty of benches on the way around – most without backrests. There are picnic benches about half way around near Paddy's Pool. The Wildlife Watchpoint has power assisted doors and both Paddy's Pool Hide and the Wildlife Watchpoint have accessible viewing areas.

You can follow this trail for 100m to join the Dragonfly Walk, or for 350m to the start of the Kestrel Trail.



Kestrel Trail

750m (0.5 mile)
15-minute walk

Gradient: up to 14% to the viewpoint



Trail conditions:

A flat track with a hard gravel surface.

Description:

As you take a stroll, keep an eye out for Marsh Harriers hunting over the reedbeds. In summer, flowers including orchids, can be seen from the seasonal path through the meadow.

Good to know

Beware of vehicles as you walk this trail. There are benches on the path, but without back rests. It's just 150m along this trail to the start of the Wilderness Trail and after 450m you can join the Wildflower Walk.



Wilderness Trail (seasonal)

2km (1.2 miles)
45-minute walk



Trail conditions:

It's a grass path with stiles at either end.

Description:

Please check at the welcome desk that the path is open. Start off on the Lake Walk and follow on to the Kestrel Trail to reach the start point. Then you head off the beaten track and get a real sense of how wild the wet grassland really is.

Good to know

There may be cattle grazing on this trail. We recommend stout footwear as it can be boggy in wet weather.



Dragonfly Path

600m (0.4 mile),
10-15-minute there-and-back walk

Gradient: up to 11%



Trail conditions:

A hard surface that slopes down after 100 metres from the Visitor Hub. There's also a level section of board walk.

Description:

In summer, dragonflies dart overhead. You can take in the dragonfly pools from above on the boardwalk. Head to the Saltholme Pools Hide in winter for spectacular views of ducks and wading birds as they gather in their thousands.

Good to know

There are benches – mostly without backs – and picnic benches. The Saltholme Pools Hide has two doors with a small lip for access. A spiral staircase leads to the tower in the hide.



Important access information

There's an electric gate operated by a push button halfway along the path.



Head to Saltholme Pools Hide in summer to see Avocets. Can you spot their chicks running around in the mud in May and June?

Site facilities

If there's anything we can do to help you during your visit, please contact us in advance, or ask when you arrive.

Visitor Hub

There's a level, step-free entry. The café, accessible toilets and baby changing facilities are on the first floor with step-free access via a lift.

Mobility scooters can be booked in advance. We have a hearing loop at the welcome desk, shop desk and café till.

Out and about

Please read the trail conditions for details of the surfaces and gradients to assess their suitability. All the paths, except the Wilderness Trail, are accessible. All covered viewpoints (hides) have doors at least 800mm wide and the Wildlife Watchpoint has low windows.

For full details on accessibility at Saltholme, please visit rspb.org.uk/days-out/reserves/saltholme/facilities

Key

- Uncovered viewpoint
- Covered viewpoint
- Natural Play area
- Playground
- Picnic area
- Wildlife pond
- Wildlife garden
- Cattle
- Stile
- Power-assisted gate
- Mobility scooter

For a general visitor map, please scan the QR code.



For the family and play map, please scan this QR code.



Stay connected

Keep up to date with the latest news, events and information from Saltholme.

RSPB Saltholme, Seaton Carew Road, Middlesbrough, TS2 1TU

email: saltholme@rspb.org.uk
tel: 01642 546625

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