























-  Car park
-  Accessible parking
-  Electric vehicle charging
-  Information point
-  Toilets
-  Accessible toilets
-  Changing Places facility
-  Picnic area
-  Natural Play Area (accessible for wheelchairs)
-  Raised pond dipping
-  Covered viewpoint (with bench)
-  Viewpoint (showing direction of view)
-  Underpass
-  Path
-  Road
-  Bench
-  Gate
-   23 Number of steps
-  5% Gentle gradient
-  13% Moderate gradient
-  21% Steep gradient



Walking speed based on 2 miles per hour at a gentle pace.

100m ≈ 2 mins

Please keep your dog in sight and under close control or on a lead. Well behaved dogs are welcome in the Visitor Hub, café and Gillman Hide. Help keep Loch Leven a special place for nature. Assistance dogs are welcome throughout.

# Discover Loch Leven



Lapwings may be seen from the Wetland Trail in spring.

## Leafy Loop

**Distance:** 450m (¼ mile)  
**Time:** 15-minute walk  
**Gradient:** up to 18%



### Trail conditions:

A one-metre wide, hard surface with a short, gentle slope. This path is suitable for pushchairs and wheelchairs from the picnic area entrance.

### Description:

This trail takes you through a young woodland, with birdsong as your soundtrack.

There might be butterflies in the open glades, and possibly Red Squirrels too.

### Good to know:

There is a bench halfway round the trail.

## Wetland Trail

**Distance:** 800m (½ mile)  
**Time:** 30-minute walk  
**Gradient:** up to 18%



### Trail conditions:

The wetland trail is reached from the visitor centre by a sloping tarmac path and underpass. It's a mainly flat, wide hard surface path, with a short, slightly steep section to the first hide. Some sections stay wet after heavy rain.

### Description:

A low-level route with stop off points at three hides and two pond dipping areas that

bring you close to the wildlife on the pools and wet grassland. There can be thousands of Pink-footed Geese in autumn, and tumbling displaying Lapwings in spring.



### Good to know:

There's a swing gate near the end of the trail. You may encounter cyclists.



Discover the underwater world.

For alternative maps, please scan the QR codes



Map for adult visitors



Map for families

- Suitable for cycles
- Mobility scooters
- Wheelchair users
- Challenging terrain
- Dogs under close control

## Woodland Trail

**Distance:** 1.6km (1 mile)  
**Time:** 45-minute walk  
**Gradient:** up to 25%  
**Steps:** 472



### Trail conditions:

This narrow, earth path has long steep sections with many steps. The surface can be loose in places and muddy after heavy rain. It may become overgrown in spring and summer.

### Description:

A scenic route through mainly birch woodland, accompanied by the earthy scent of mosses. There might be birds such as Long-tailed Tits, Treecreepers, and tit flocks in winter.

### Good to know:

This trail has 472 steps.

Look out for Red Squirrels on the Leafy Loop.



## Loch Leven Heritage Trail

**Distance:** 21km (13 miles)  
**Time:** 6½-hour walk



### Trail conditions:

This is a wide, all-purpose path. It is mostly flat with some moderate slopes. It includes accessible bridges.

### Description:

This long, circular trail goes beyond the extent of the RSPB nature reserve and goes all the way around Loch Leven. It takes you past some of the most attractive parts of the loch, where ducks, geese and swans enjoy the water.

### Good to know:

Cyclists often use this path.

## Sleeping Giant Path

**Distance:** 7km (4½ miles)  
**Time:** 3-hour walk  
**Gradient:** up to 23%



### Trail conditions:

A wide, hardcore path with long, steep sections. Some areas are uneven with loose surfaces and there are some rough patches. Parts of this path are challenging.

### Description:

An invigorating, hilly trail through the woodland on Vane Hill. Here you can take in stunning views of Loch Leven.

### Good to know:

The path continues beyond the RSPB boundary, over Benarty Hill and on to Lochore Meadows Country Park. Cyclists often use this path.

## Site facilities

If there's anything we can do to help you during your visit, please contact us in advance, or ask when you arrive.

### Visitor hub

There's a level, step-free entry. Toilets, changing places facility and baby changing are in the courtyard. The café is on the first floor with step-free access via an external ramp. Mobility scooters can be hired in advance and collected from the Visitor Hub.

### Out and about

Please read the trail descriptions for details of the surfaces and gradients so that you can assess their suitability. The Sleeping Giant Path, Woodland Trail and Viewpoint Trail for example all have long steep sections. All hides have doors at least 800mm wide and have low windows.

For full details on accessibility at Loch Leven, please visit [rspb.org.uk/lochleven](https://rspb.org.uk/lochleven)



### Stay connected

Keep up to date with the latest thinking, news, events and information from Loch Leven.

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