

i Information point
🚻 Toilets
♿ Accessible toilets
👶 Baby changing
🛒 Shop
☕ Café
🪑 Picnic bench
🏊 Pond dipping
🎡 Play area
🌿 Natural play area
📏 Steps

7%

Gentle gradient

18%

Moderate gradient

—

Discovery Trail

—

Green Lane Loop

—

Reedbed Path (seasonal)

—

Surfaced path

—

Grass path

—

Wobbly bridge


0

🚶

≈1 min

50m

Walking speed based on 2 miles per hour at a gentle pace.

 Dogs on leads welcome in the courtyard. No dogs on the reserve except assistance dogs.

Discover Old Moor



Stepping stones

Trails are buggy and wheelchair accessible.

Reedbed Path

500m (560yds)
10-minute walk



Discover life in the reedbeds along this peaceful path, including the secretive booming Bittern. This path takes you to the Reedbed Hide and back, with plenty of pausing places to discover for wildlife as you explore.

What is the trail like?

Generally the path is wide and flat, with a smooth surface. There is one incline over the flood embankment. Some stretches can be damp after heavy rain.

Good to know

This path is closed during the spring to give breeding birds the peace and quiet they need to raise their chicks.



Where wildlife hides

Green Lane Loop

1.2km (0.75 mile)
25-minute walk



There's so much to see and do on the Green Lane Loop! Why not enjoy some messy play in the sand pit or discover the Secret Water Zone? Don't forget to pop into The Lookout, our family-friendly hide, where you can spot all sorts of wildlife out on the mere. Watch out for ducks, geese and gulls, and you might even see a black-and-white Avocet, with its long, curved beak. There's more on the Green Lane Loop too, if you'd like to explore further.

What is the trail like?

There are a couple of short but moderate slopes along this route. The paths are smooth and wide, but some areas can be muddy with puddles after heavy rain. The bridges are wide and flat.



The Lookout

Discovery Trail

500m (560yds), 10-minute walk



Grab your little ones and get ready for a wild adventure on the Discovery Trail. You can hop across stepping stones, splash through water and scramble all the way up the secret island's playtower. Back at ground level you can wander along the looping paths and discover the wildlife ponds and pools.

What is the trail like?

It's mostly wide, smooth paths, with a few short sections of boardwalk with handrails. There's a short, fairly steep (18%) incline up to the Bittern Hide.

Good to know

There are picnic benches dotted around this area for those all-important snack stops, as well as a variety of play spaces to explore, and wobbly bridges. Paths to these areas can be grassy and uneven, and the wobbly bridges are narrow. In summer, you can hire pond dipping kits to help you get closer to the watery wildlife along the Discovery Trail.



For alternative maps, please scan the QR codes



Detailed map with accessibility information



Map for adult visitors

Why not hire a pond dipping kit and see what creatures you discover?



Protecting habitats, saving species and helping to end the nature and climate emergency.

Nature is in crisis. Together we can save it.

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Zoom

Reedbed Path
(seasonal)

5%22m

8%32m

Bittern Bus Stop

Discovery Trail

Visitor Hub



See zoom

Green Lane Loop

9%10m

12%30m

Field Pools West

14%10m

Field Pools

Wader Scrape

5%10m

Wath Ings

5%10m

Field Pools East

Wath Ings



Walking speed based
on 2 miles per hour
at a gentle pace.

- Car park
- Accessible parking
- Information point
- Toilets
- Accessible toilets
- Raised pond dipping
- Picnic area
- Covered viewpoint (with bench)
- 5%10m
Gradient (higher is steeper) and distance
- Bench
- Steps
- Bridge
- Path
- Road
- Reedbeds
- Power lines



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Discover Old Moor



Bearded Tit

Discovery Trail

Distance: 500m (560yds)

Time: 10-minute walk



Trail conditions:

Generally good, with wide, smooth paths. Short boardwalks with handrails. A fairly steep incline up to the Bittern hide of 18% for 20m.

Description:

A family-friendly adventure trail! With places to pond dip and play here. There are stepping stones, a chance to climb up the secret island's tower, and a water zone, as well as looping paths that enable you to enjoy the many ponds and pools.

Good to know:

There are picnic benches dotted around this area, as well as a variety of play spaces. Paths to these play areas can be grassy and uneven, and there are narrow, wobbly bridges too. In summer, you can hire pond dipping kits to help you get closer to underwater wildlife.



For alternative maps, please scan the QR codes



Map for adult visitors



Map for families

Reedbed Path

Distance: 500m (560yds)

Time: 10-minute walk



Trail conditions:

Generally wide and flat with a smooth surface. There's one incline of 7% over the flood embankment. Parts can be damp after heavy rain.

Description:

Discover life in the reedbeds along this peaceful path. It takes you to the Reedbed



hide and back, with plenty of pausing places to take a mindful moment and spot wildlife. There may be Marsh Harriers, Kingfishers, Bearded Tits and Bitterns.

Good to know:

This path is closed during spring so that birds can breed safely. There is a steep gradient with refuge points and handrail to the Bittern Bus Stop. Wheelchair users may find this route particularly demanding.



Green Lane Loop

Distance: 1.2km (0.75 mile)

Time: 25-minute walk



Trail conditions:

A couple of short but moderate slopes along this route. Paths are smooth and wide. Some areas can get muddy after heavy rain. Bridges are wide and flat.

Description:

Follow wide, open paths with great views across the varied wetland habitats. There are also a number of hides for excellent birdwatching opportunities. Watch the ducks, geese and gulls on the Mere and look out for Lapwings, Redshanks and Avocets.



Site facilities

Let us know if there's anything we can do to help you during your visit. You can either contact us in advance, or speak to a volunteer or member of staff when you arrive.

Visitor hub

There's a step-free, level entry. Toilets and baby changing are located on the ground floor. The cafe is on the first floor, with a lift. Mobility scooters can be hired in advance and collected from the Visitor Centre.

Out and about

All trails have hard surfaces and there are some inclines. Seating (with and without backs) is available roughly every 100m. All hides are suitable for wheelchair users. There are some picnic tables with space for wheelchairs near the ponds and playground.

For full details on accessibility at Old Moor, please visit rspb.org.uk/oldmoor



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Zoom




North

-  Car park
-  Accessible parking
-  Information point
-  Toilets
-  Accessible toilets
-  Baby changing
-  Shop
-  Café
-  Picnic area
-  Pond dipping
-  Play area
-  Natural play area
-  Covered viewpoint
-  Stepping stones
-  Coach parking
-  Path
-  Road
-  Reedbeds
-  Power lines
-  Marsh / mudflats

- ☐ (A) Wildlife Gardens
- ☐ (B) Lilypad Pond
- ☐ (C) Education Space
- ☐ (D) Copse Meadow
- ☒ (R) Numbered reedbeds

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Discover Old Moor



Bearded Tit

Reedbed Path

500m (560yds)
10-minute walk



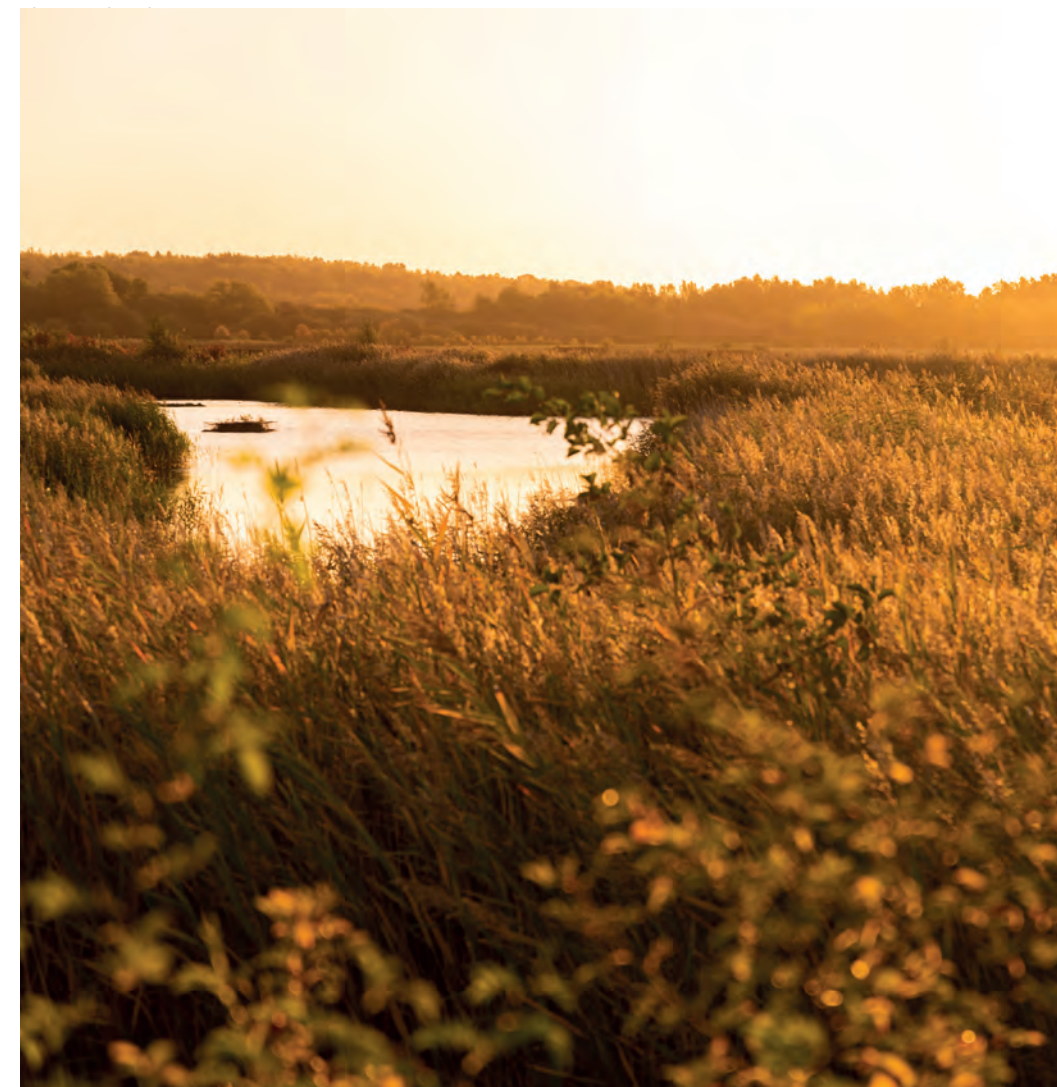
This peaceful path leads you to the Reedbed Hide and back, with plenty of pausing places for a mindful moment with nature. You could glimpse the bright blue flash of a Kingfisher, spot a secretive Bittern hiding in the reeds or see the acrobatic antics of Bearded Tits.

What is the trail like?

It's mostly wide and flat, with a smooth surface. There's one long, moderate (7%) slope. Some stretches can be damp after heavy rain.

Good to know

This path is closed in spring to give breeding birds the peace and quiet they need to raise



Discovery Trail

500m (560yds), 10-minute walk



Come and enjoy this family-friendly adventure trail! It's where budding adventurers can hop across stepping stones, climb a tower, and splash through the water zone. The paths meander past wildlife ponds and pools, all buzzing with life.

What is the trail like?

It's mostly wide, smooth paths, with a few short sections of boardwalk with handrails. There's a short, fairly steep (18%) incline up to the Bittern Hide.

Good to know

There are picnic benches dotted around this area, as well as a variety of play spaces. Watch your step though, as paths to these play areas can be grassy and uneven, and there are narrow, wobbly bridges too. In summer, you can hire pond dipping kits to help you get close to underwater wildlife.



Green Lane Loop

1.2km (0.75 mile)
25-minute walk



You'll be treated to beautiful views across the wetlands as you amble along this trail. Remember to pop into the hides along the way, for a chance to see Avocets, Lapwings and Redshanks, as well as ducks, geese and gulls out on the mere.

What is the trail like?

There are a couple of short, moderate slopes along this route. The paths are smooth and wide. Some areas can be muddy with puddles after heavy rain. The bridges are wide and flat.

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Detailed map with accessibility information



Map for families



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