

# Finding your way around RSPB Strumpshaw Fen

## Fen trail

This relaxing 3.8-km walk through reedbeds and alongside pools takes about 1.5 hours.

The tower hide offers stunning views. Keep a lookout for marsh harriers, bitterns and other reedbed birds.

This is a gentle route, but the paths are uneven, and can be muddy or flooded in winter. If you encounter flooding, please turn back – don't try to wade through!

## Meadow trail

Open in spring and summer only, this trail takes you on a 30-minute, 0.5-km stroll.

As you wander through meadows buzzing with insects and dotted with beautiful wild orchids, keep your eyes peeled for rare swallowtail butterflies with their striking yellow and black wings (late May to mid-July).

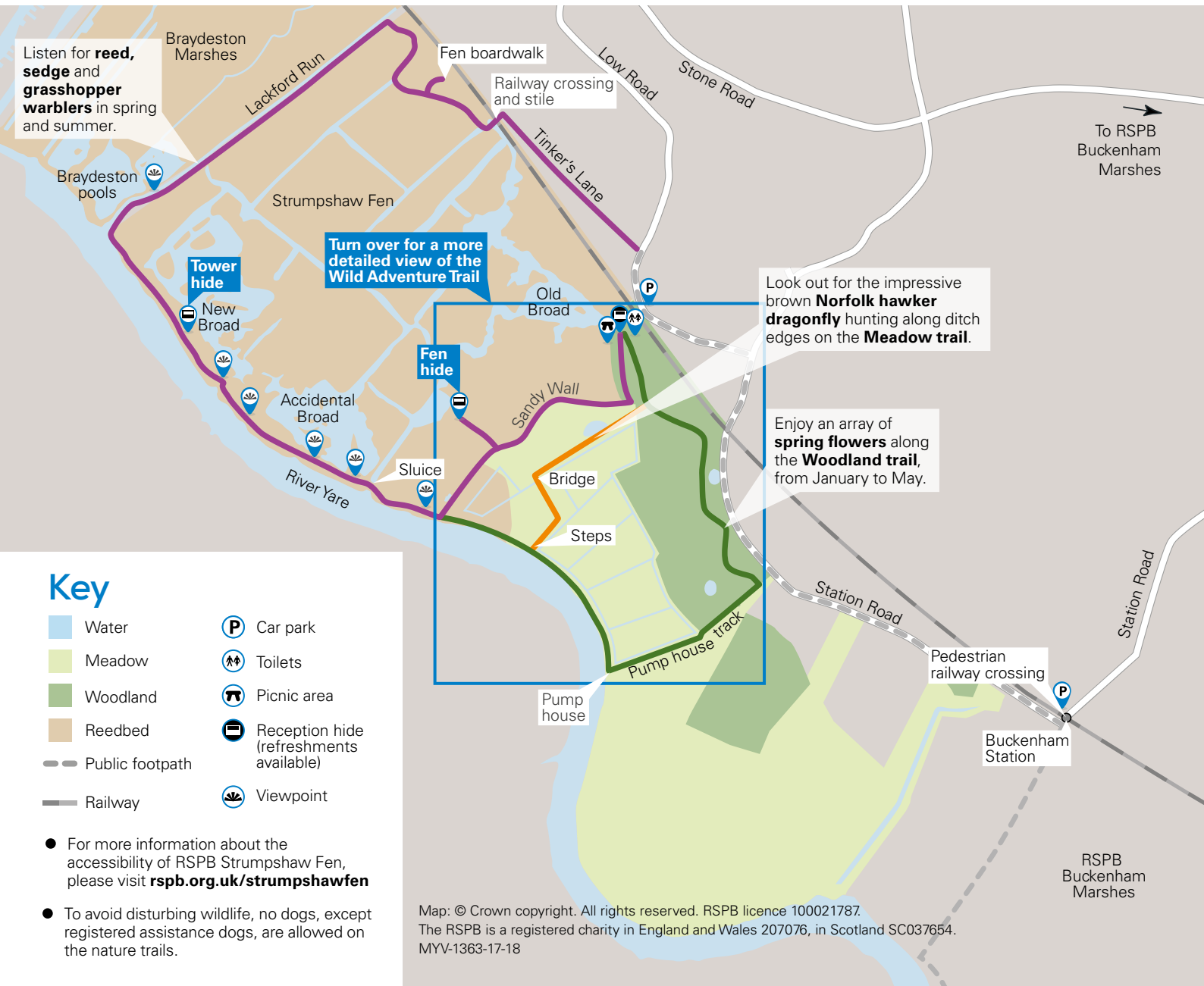
This trail is gentle, but the path is uneven with steps to the riverbank.

## Woodland trail

Discover the magic of the woodland throughout the year on this 1.8-km walk, which takes about one hour.

Enjoy carpets of bluebells in spring, stumble across a family of stoats in summer, admire fascinating fungi in autumn and watch secretive treecreepers in winter.

The paths on this trail are gentle, but are uneven in places and slope up to the riverbank.



- For more information about the accessibility of RSPB Strumpshaw Fen, please visit [rspb.org.uk/strumpshawfen](https://www.rspb.org.uk/strumpshawfen)

- To avoid disturbing wildlife, no dogs, except registered assistance dogs, are allowed on the nature trails.

# Have a **wild** adventure with your family today

Experience adventures in the natural world at any time of year on this 3-km walk, which takes about one hour.

The whole family will love this quest, which takes you from Basecamp to the Outpost and the Pump House Lookout, with lots of exciting nature tasks to complete along the way. Will you hunt for minibeasts around Basecamp, rest awhile in our family hammocks or take up our den-building challenge?

Forgotten your kit? Don't worry! Just high-tail it back to reception and the Kit Store to pick up all the supplies you'll need for your adventure.

