RSPB ENGLAND

King Charles III England Coast Path

River mouth

North

200m
≈ 4 minutes

Walking speed based on 2 miles per hour at a gentle pace.

Wash Trail

North Scrape

East Hide

Middle Scrape

Roads Farm Grassland

Reedbed Trail

Reedbed Hide

Reedbed Lagoon

360° Hide

South Scrape

Seabank viewpoint

Boston

Visitor Hub

Fen viewpoint

Marsh Farm Grassland

Grassland Trail

Raptor viewpoint

Hidden viewpoint

Marsh Farm Reservoir

King Charles III England Coast Path

Kirton

- Car park
- Accessible parking
- Information
- Toilets
- Accessible toilets
- Baby changing
- Café
- Pond dipping
- Natural play area
- Picnic area
- Covered viewpoint
- Viewpoint (showing direction of view)
- Art installation
- Coach parking
- Public bridleway
- Public footpath (off site)
- Road
- Sea wall
- Wet grassland
- Reedbed
- Vegetated saltmarsh

Dogs on short leads welcome on the Grassland Trail and seabank

Assistance dogs only on all other trails

Except public rights of way, paths shown are permissive routes which are maintained by the RSPB for your enjoyment. © Crown Copyright. All rights reserved. RSPB licence AC0000813580.

Discover Frampton Marsh

The reserve was founded in 1984 to protect Redshank breeding grounds.

Reedbed Trail

2.3km (1.4 miles)
35-minute loop walk

This trail takes you around the reedbed lagoon. Here, in the summer, warblers chunter in the reeds, and in the winter ducks dabble in the water. The trail passes the Reedbed and 360 Hides, and the pond dipping pool.

What is the trail like?

A mainly flat, firm gravel path with occasional short gentle slopes. There is one swing gate on the trail, near to the Visitor Hub.

Grassland Trail

4.5 km (2.8 miles),
95-minute loop walk

Our wildest trail, and one where you're welcome to bring your dog on a short lead.

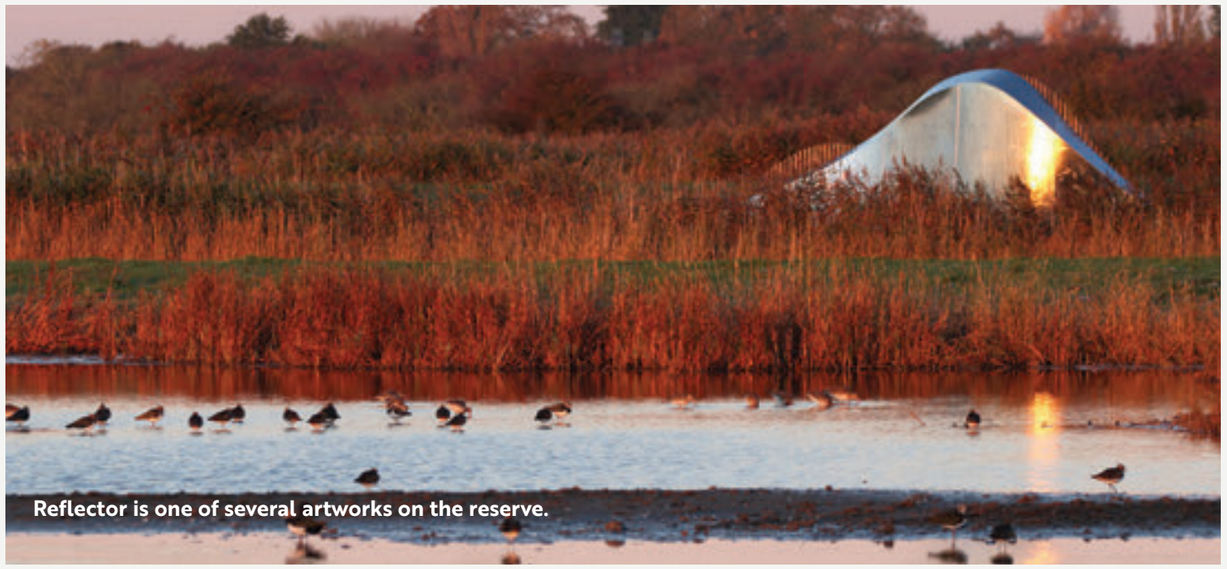
Listen for songbirds in the hedgerow in spring, and marvel at flocks of ducks and plovers on the fields in winter. Watch out for the local Peregrines who hunt here.

What is the trail like?

An uneven path with grassy and stony sections, with some parts of firm gravel or tarmac. There are three short moderate slopes and four gates around the trail.

Key

Viewpoint · Picnic area · Covered viewpoint · Dogs on short lead



Reflector is one of several artworks on the reserve.

Wash Trail

3.4 km (2.1 miles),
75-minute loop walk

Discover all the habitats of the reserve along this trail, with reedbed, scrapes, wet grassland and saltmarsh all on view. The trail also passes all three hides. Great for wildlife watchers, with birds galore!

What is the trail like?

A mostly smooth, flat path, with occasional gentle slopes and gravel surface. There are some grassy uneven sections. There's one short moderate slope, and one set of 20 steps. There are four gates around the trail.

Good to know

Dogs on short leads are welcome on the seabank section of this trail.

Large flocks of Golden Plovers gather at the reserve over winter

For detailed map with accessibility information, please scan the QR code

RSPB

Protecting habitats, saving species and helping to end the nature and climate emergency.

Stay connected

Keep up to date with the latest, news, events and information from Frampton Marsh.

RSPB Frampton Marsh, Boston, Lincolnshire PE20 1AY

Email:
lincolnshirewashreserves@rspb.org.uk

tel:
01205 724678

/framptonmarsh

@RSPBFrampton

Please recycle after use.

The Royal Society for the Protection of Birds (RSPB) is a registered charity: England & Wales no. 207076, Scotland no. SC037654. Redshank, Golden Plover and Avocet by Ben Andrew (rspb-images.com).